

AEM

Autism East Midlands

Parent/Carer Workshops 2024/25

- Location:** Delivered over Zoom
- Time:** Can vary, but usually 7-8.30pm on a Tuesday evening
- Cost:** Free to attend
- Suitability:** Parents/carers of children under 18

What's on?

Tues 15 th Oct	Introduction to Autism
Tues 19 th Nov	Autism and Girls
Tues 17 th Dec	Promoting Positive Behaviour
Jan date TBC	Autism and Sleep
Tues 18 th Feb	Autism and Sensory Differences
Tues 18 th Mar	Autism and Schools
Tues 15 th April	Autism and Claiming Disability Living Allowance

Don't worry if you're not familiar with zoom or are uncomfortable with appearing on screen. We can arrange a practice Zoom beforehand if you feel that would help – just ask! During the actual workshop there is no pressure to have video or audio on, so you can just watch the presentation.

If you would like to attend any of the above dates, please email lesley.lock@aem.org.uk at least 24 hours before the workshop you would like to attend.