

## DAY SERVICE INFORMATION

**Location:** Sherwood Centre, Old Mill Industrial Estate, Hallam Way  
Mansfield Woodhouse, Nottinghamshire, NG19 9BG

**Tel:** 01623 541403

**Manager:** Joseph Brown

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**Provider:**

Autism East Midlands

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## **Aims and Objectives**

Autism East Midlands is a registered charity which aims to ensure that opportunities are made available for service users to maintain their individuality, maximize their independence and enhance their quality of life.

## **Philosophy**

The service will:

- promote equal opportunities
- be sensitive to individual needs
- respect people & preserve their privacy and dignity
- put the needs of the service user at the centre of decision making in respect of their individual support and their involvement in the decision making process
- provide information on which individuals may base their decisions
- meet individual needs through assessment, planning, implementation and evaluation
- enable individuals to maintain existing skills and interests encourage new ones and to promote progression towards greater independence.
- support a multi agency approach, drawing on the experience of others to meet identified needs

Engagement with flexible day services provides individuals with holistic person centered support delivered in the following ways:

- engaging with the community.
- promoting health and well being.
- support to make informed choices and have control of their life.
- promoting independence and developing new skills.

## **What is The Sherwood Centre Day Service?**

The Sherwood Centre is an Autism Specific Hub operating an extended service Monday – Sunday between the hours of 8.00am -22.00pm, offering a wide range of structured activities specifically focusing on building practical skills for the workplace and independence. We also have a sensory element to the service offering lots of sensory activities, through music and sensory exploring.

Our building is an easy to access building which has generously spacious rooms. We have a unique approach to supporting adults with Autism and Learning disabilities; the nature of our service encourages the individual as much choice and control over their support which is always approached in a person centred way. We are located on an industrial park in Mansfield Woodhouse which reflects the purpose of our work based activities and opportunities.

## **What do we offer?**

We offer a specialist autism specific, person centred environment, where we can support you and help you to achieve your full potential. Our experienced staff will work with you to develop a bespoke program of activities, tailored to your individual needs and aspirations, within a structured and supportive environment.

Within Autism East Midlands we have access to our very own Clinical / SALT services, which are on hand for support and guidance.

We aim to provide stimulation and happiness in a calm and caring environment.

To further discuss our opportunities and placements contact the manager of The Sherwood Centre



### **Opportunities at the Sherwood Centre**

- Swimming
- Gym sessions
- Promoting team work
- Building confidence
- Developing work skills
- Promoting independence
- Work experience opportunities
- Support into paid employment
- Access to a range of activities and to have fun whilst learning new skills
- Promoting team skills
- Health and well-being skills
- Independent living skills
- Being able to make informed choices
- Trampoline Park
- Upcycling / furniture restoration
- Pottery
- Sensory explore
- Walking groups
- Volunteer positions (charity shops, Sherwood Forest)
- Gardening
- Music sessions
- Arts and Crafts
- Baking and cookery sessions
- Shopping / independence skills

- Farm visits
- Painting and decoration
- Bicycle restoration
- Outreach Service – throughout the day / evening, to promote independence skills, community access

We are proactive in reducing restrictive practices and provide support that enables the individual to express themselves freely, contributing to new ideas and choices for their time within the autism hub and their life journey ahead.

### **What will you gain?**

Flexible attendance packages from 1-5 days per week will enable you to access the many opportunities on offer at the Sherwood Centre. You will also have the opportunity to access nationally recognised accreditation tailored to your individual learning needs and style. To help you to succeed we will provide specialist support, which will enable you to achieve your full potential.

### **The Sherwood Centre Support Team**

The service is managed by an appropriately qualified and experienced manager (minimum NVQ level IV).

All staff at the Sherwood Centre has received an enhanced DBS and training appropriate to their role. This includes but is not confined to:

- ⇒ Common Induction Standards (new staff)
- ⇒ NVQ II (minimum for direct support workers)
- ⇒ Autism / Asperger / PDA awareness.
- ⇒ Mental Capacity Act / Deprivation of Liberty Safeguards
- ⇒ Safe Handling of Medication / Boots MDS system
- ⇒ First Aid
- ⇒ Food Hygiene
- ⇒ Health & Safety
- ⇒ Manual Handling
- ⇒ Risk Assessment
- ⇒ Fire Safety
- ⇒ Equality & Diversity
- ⇒ Autism Specific Physical Intervention & Reactive Educational Strategies
- ⇒ Epilepsy
- ⇒ Infection Control

Training needs and opportunities for further development are identified through supervision and annual appraisal for all staff.

All staff has a professional responsibility to respect the rights of service users, treat them with respect and dignity and protect them as far as possible from danger or harm.

## **Evaluation of Service**

The service is monitored and evaluated by a number of internal & external bodies:

- ⇒ service user verbal and none verbal communication
- ⇒ parent / carer feedback
- ⇒ regular review of Individual Support Plans
- ⇒ Autism East Midlands Quality Assurance Self Assessment Audits
- ⇒ audits by funding authorities and external suppliers / agencies.