



Mansfield Teen Autism Family Support Hub Session dates for 2025

Sherwood Autism Centre
Hallam Way, Old Mill Industrial Estate
Mansfield Woodhouse, NG19 9BG

The aim of the teen hub is to offer support and a safe space for families who have teenagers on the Autistic Spectrum. Teenagers (including siblings) can participate at their own pace with support from parents and our staff team if needed. We offer a choice of activities including themed arts and crafts, table top games, sports activities, sensory room and garden. There is also a communal area so you can sit back and enjoy some refreshments, whilst talking to other families and sharing experiences or speaking with staff for advice and support.

There is a charge of £1 for refreshments, and we would also be really grateful if you could donate what you can afford towards the running of the session. Cash is preferred.

No need to book a place – just turn up – but feel free to contact me if you have any questions or you would like to be added to my mailing list – chris.smith@aem.org.uk

Usually the 3rd Saturday of the month, 11am-2.30pm

Jan 18 th	Feb 15 th
Mar 15 th	Apr 19 th
May 17 th	Jun 21 st
Jul 19 th	Aug 16 th
Sep 20 th	Oct 25 th
Nov 15 th	Dec TBC

Directions – the postcode NG19 9BG takes you to an industrial estate, not specifically to the Sherwood Centre.

From Old Mill Lane (A6117), turn into Hallam Way at a mini roundabout with Greggs on the corner. Follow Hallam way straight up the hill until you come to a t-junction – Hallam Way continues to the right. Drive up here, past the Royal Mail on the left – the entrance to the Sherwood Centre is next on the left after Royal Mail.

For further information contact:- chris.smith@aem.org.uk